

Biddick School Menu Cycle - Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli Con Carne with Boiled Rice	Calypso Chicken with Pasta Spirals	Roasted Beef with Roasted or Mashed Potatoes	Moussaka served with Tomato & Herb Bread Wedge	Oven Baked Battered Cod Portion with Chips or Plain Jacket Wedges
(V) Trio of Vegetables Mornay with Champ Mash	(V) Vegetable Frittata	(V) Roasted Vegetables Toad in the Hole with Roast or Mashed Potatoes	(V) Spicy Bean & Vegetable Wrap with Herb Baked Wedges	(V) Quorn & Vegetable Pasty with Chips or Plain Jacket Wedges
Sweetcorn Or Seasonal Daily Salad	Broccoli Or Seasonal Daily Salad	Green Beans Or Seasonal Daily Salad	Stir Fried Fresh Veggies Or Seasonal Daily Salad	Garden Peas Or Seasonal Daily Salad
Dorset Apple Cake with Vanilla Sauce Or Fresh Fruit Pieces	Fruit Fool Or Fresh Fruit Pieces	Rhubarb & Ginger Pudding with Custard Or Fresh Fruit Pieces	Chocolate Orange Fudge Cake Or Fresh Fruit Pieces	Toffee Apple Oaty Crumble with Custard Or Fresh Fruit Pieces

Biddick School Menu Cycle - Week 2

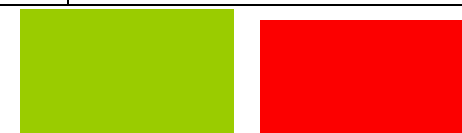


Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Pilaff	Beef Bolognese with Pasta Spirals	Roasted Chicken with Roasted or Plain Jacket Wedges	Beef Cobbler with Mashed Potatoes	Salmon Wrap with Chips or Rice
(V) Vegetable Pitta Pockets with Cajun Wedges	(V) Fruity Caribbean Curry with Pilau Rice	(V) Vegetable Lasagne with Garlic Bread	(V) Quorn, Potato and Leek Pie	(V) Veggie Chilli with Rice
Green Beans Or Seasonal Daily Salad	Sweetcorn Or Seasonal Daily Salad	Broccoli Or Seasonal Daily Salad	Carrots Or Seasonal Daily Salad	Peas Or Seasonal Daily Salad
Mixed Fruit Pie with Custard Or Fresh Fruit Pieces	Warm Carrot Cake with Vanilla sauce Or Fresh Fruit Pieces	Chocolate and Orange Mousse Or Fresh Fruit Pieces	Peach Conde Or Fresh Fruit Pieces	Sultana Sponge with Custard Or Fresh Fruit Pieces



Biddick School Menu Cycle - Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Country Beef Hot Pot with Mashed Potatoes	Lamb Kofta in Tomato Sauce with Pasta Spirals	Roasted Turkey with Roasted or Mashed Potatoes	Savoury Mince and Vegetables with Boiled Potatoes	Oven Baked Wholemeal Breaded Cod Portion with Chips or Jacket Potato Halves
(V) Quorn and Vegetable Chow Mein	(V) Bean Goulash with Pasta	(V) Swiss Baked Veggie Cottage Pie	(V) Vegetable Korma with Rice	(V) Quorn & Vegetable Hot Pot
Sweetcorn Or Seasonal Daily Salad	Broccoli Or Seasonal Daily Salad	Cabbage Or Seasonal Daily Salad	Carrots Or Seasonal Daily Salad	Garden or Mushy Peas Or Seasonal Daily Salad
Crunchy Mixed Fruit Crumble with Custard Or Fresh Fruit Pieces	Mandarin Conde Or Fresh Fruit Pieces	Apple & Cinnamon Strudle with Custard Or Fresh Fruit Pieces	Chocolate Bread & Butter Pudding with Chocolate Sauce Or Fresh Fruit Pieces	Pineapple Upside Down Pudding with Custard Or Fresh Fruit Pieces



Biddick School Menu Cycle - Week 4



Monday	Tuesday	Wednesday	Thursday	Friday
Lasagne with Jacket Wedges	Chicken and Sweetcorn Pie with Mashed Potatoes	Roasted Pork with Roasted or Boiled Potatoes	Lamb Kebab Pitta Pockets with Chips or Tomato Rice	Crunchy Topped Fish Pie with Champ Mash
(V) Sweet and Sour Quorn with Rice	(V) Cheese & Pepper Salsa Tortilla with Cajun Wedges	(V) Veggie Bolognaise with Pasta	(V) Macaroni Cheese Bake with Garlic & Herb Bread Wedge	(V) Quorn & Sweet Potato Curry with Rice
Broccoli Or Seasonal Daily Salad	Green Beans Or Seasonal Daily Salad	Carrots Or Seasonal Daily Salad	Stir Fried Fresh Veggies Or Seasonal Daily Salad	Garden Peas Or Seasonal Daily Salad
Dutch Apple Pie with Custard Or Fresh Fruit Pieces	Milk Jelly Or Fresh Fruit Pieces	Rhubarb & Lemon Cake with Custard Or Fresh Fruit Pieces	Firecracker Cake with Vanilla Sauce Or Fresh Fruit Pieces	Peach & Pineapple Crumble with Custard Or Fresh Fruit Pieces